

What is the Food Stamp Program?



Vision y Compromiso: Promotora/
Community Health Workers Network



The Food Stamp Program is a nutrition assistance program for low-income individuals and families.



Participants get an Electronic Benefits Transfer card (EBT), and can buy food, seeds or plants with it.



The amount of the benefit depends on the number of people in a household, their income and expenses.

- Applying for the Food Stamp Program does NOT affect immigration status.
- All low-income people have the right to apply for the Food Stamp Program.
- Only the county FSP office can determine if you are eligible to receive benefits.

The information in your application will determine your eligibility for the FSP only. Also, the information is NOT shared with any other government agency.